The HAM- 5(1) session was conducted on 31\textsuperscript{st} January 2006 in Pharmacy department to discuss the alternative therapies on Diabetes.

A brief presentation was made by Dr. Madhu Bajra Bajracharya, an Ayurvedic Doctor from Piyush Aushadahalya, Kathmandu.

He made some meaningful and elaborated presentation covering following points:

- Diabetes, its causes & symptoms from Ayurvedic point of view
- Ayurvedic methods of treatment for diabetes
- Exhibition of some of the herbal plants for Diabetes

Almost 53 herbal plants were displayed in the session having a therapeutic role on Diabetes which was collected and shown by Mrs Tirtha Maiya Shrestha.

He made some further remarks and suggestions on Do’s & Don’t’s for the diabetic patient from ayurvedic point of view following a query made by Miss Nilima Shrestha

He also expressed his concern over the looming status of herbal plants in Nepal and pleaded the need of wider attention of all the concerned authorities.

Participants were enlightened to attend the presentation and meet was concluded with an appreciation to the presenter.